

# Entering a Strange Forest

*Oh you  
Who have come to this place,  
Sisters and brothers, and friends,  
This person is dying  
She (he) has not chosen to do so,  
She is suffering greatly,  
She has no home, no friends,  
Falling as from a cliff,  
She is entering a strange forest,  
Driven by the winds, swept by the ocean,  
She has no solid ground.  
She is embarking on a great battle.  
Moved from state to state,  
She is alone and helpless.  
Embrace her with love.*

Extracted from

Contents of this page prepared by Len Warren of Pure Land of the Indestructible Buddha, Hayagriva Buddhist Centre, 64 Banksia Terrace, Kensington 6151 Western Australia, November 2018. Selected extract from The Tibetan Book of the Dead for Reading Aloud, adapted by Jean-Claude van Itallie, North Atlantic Books, 1998.